



**NAMIBIA UNIVERSITY
OF SCIENCE AND TECHNOLOGY**

FACULTY OF HEALTH, APPLIED SCIENCES AND NATURAL RESOURCES

DEPARTMENT OF HEALTH SCIENCES

QUALIFICATION : BACHELOR OF ENVIRONMENTAL HEALTH SCIENCES, HUMAN NUTRITION AND HEALTH INFORMATION MANAGEMENT SYSTEM	
QUALIFICATION CODE: 08BEHS, 08BOHN, 07BHIS	LEVEL: 5
COURSE CODE: CHP521S	COURSE NAME: COMMUNITY HEALTH PROMOTION
SESSION: NOVEMBER 2022	PAPER: THEORY
DURATION: 3 HOURS	MARKS: 100

FIRST OPPORTUNITY EXAMINATION QUESTION PAPER	
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INSTRUCTIONS
1. Answer ALL the questions. 2. Write clearly and neatly. 3. Number the answers clearly.

PERMISSIBLE MATERIALS

NONE

THIS QUESTION PAPER CONSISTS OF 7 PAGES (Including this front page)

SECTION A [30 MARKS]

QUESTION 1

[10 marks]

Choose the correct answer.

1.1. Namibia University of Sciences and Technology can be categorized under which group? [1]

- A. Secondary group
- B. Primary group
- C. Formal group
- D. Informal group

1.2 Soccer club team is an example of the: [1]

- A. Secondary group
- B. Primary group
- C. Formal group
- D. Informal group

1.3 Marriage that unites two or more partners is an example of: [1]

- A. Secondary group
- B. Polygamy
- C. Formal group
- D. Monogamy

1.4 The prayer group is an example of the: [1]

- A. Secondary group
- B. Primary group
- C. Formal group
- D. Informal group

1.5 Parents and their dependent children in the same living quarters are: [1]

- A. Hinduisms
- B. Nuclear family
- C. Family of procreation
- D. Family of orientation

- 1.6 In terms of Primary Health Care services, the roll of Environmental Health Practitioners includes. [1]
- A. Malaria treatment
 - B. Health Education
 - C. Wound dressing
 - D. Midwifery
- 1.7 The different forms of communication includes: [1]
- A. Unilateral as well as listening communication.
 - B. Vertical versus horizontal communication, Single versus group communication
 - C. Single versus one-on-one communication.
 - D. Verbal versus sending messages communication.
- 1.8 Environmental Health control includes: [1]
- A. Safe water supply, good food hygiene.
 - B. Safe excreta and rubbish disposal, disinfection, and sterilization.
 - C. Vector and animal reservoir control, good living and working conditions.
 - D. Good food hygiene.
- 1.9 Primary Health Care Services includes: [1]
- A. Immunization, Health education and Nutrition.
 - B. Agriculture.
 - C. Water.
 - D. Housing.
- 1.10 A particular community of people are referred to as: [1]
- A. Family.
 - B. Government.
 - C. Society.
 - D. Group.

QUESTION 2**[10 marks]**Match the statement in column **A** to the corresponding concept(s) in column **B**.

COLUMN A	COLUMN B	Marks
2.1. Culture	A. The aggregate of people living together in a more or less order community.	[1]
2.2. Social Control function	B. Is a shared way of living in a given society.	[1]
2.3. Status	C. Share cultural values of communities in which they live.	[1]
2.4. Values	D. Is a particular form of social inequality, refers to social groups ranked one above the other.	[1]
2.5. Roles	E. Any collection or aggregation of people who enter into interaction with one another.	[1]
2.6. Society	F. Is a lifelong process by which individuals learn the culture of their own society.	[1]
2.7. Socialization	G. Hierarchical position of the individual within a group or a group within a community.	[1]
2.8. Social stratification	H. Guidelines for behaviour and prescribe what is acceptable in a particular society.	[1]
2.9. Social groups	I. Set of norms associated with a particular position.	[1]
2.10 Norms	J. What is desirable and worth striving for.	[1]
	K. Number of norms that define how an individual occupying a particular status is expected to act.	[1]
	L. The family exercises a great deal of control on social and sexual behaviour of the adult and the child.	[1]

QUESTION 3

[10 marks]

3. Asses the following statements and decide whether they are True or False
write only the number of question next to **T for true** and **F for false**.

- 3.1. Some form of religious instructions does not take place at home. [1]
- 3.2. According to one culture traditional medicine cannot cure HIV/AIDS. [1]
- 3.3. Religion can be describing as belief in your cultural spirit. [1]
- 3.4. Oshiwambo people are the minority ethnic group in Namibia. [1]
- 3.5. Education can be described as a study of culture in the world. [1]
- 3.6. There was more emphasis on preventive health care as well as promotive health care before the adoption of Primary Health Care approach. [1]
- 3.7. Sickness is a subjective phenomenon in which individuals perceive themselves as sickness. [1]
- 3.8. Primary Health Care is not yet an integrated part of the Namibia's health system. [1]
- 3.9. Poverty is a deviant behaviour. [1]
- 3.10. Social movements are closely related to social changes. [1]

SECTION B [30 MARKS]

QUESTION 4

[10 marks]

4. Define the following concepts:
- 4.1. Health Education. [2]
 - 4.2. Health according to World Health Organization. [2]
 - 4.3. Sociology. [2]
 - 4.4. Culture. [2]
 - 4.5. Communication. [2]

QUESTION 5

[20 marks]

- 5.1. Discuss the approaches to Primary Health Care services in Namibia. [10]
- 5.2. The principles of primary health care approach could be classified into Equity, Accessibility and Affordability with clear and concise examples, elaborate on these concepts:
- 5.2.1. Equity. [3]
 - 5.2.2. Accessibility. [3]
 - 5.2.3. Affordability. [4]

SECTION C [40 MARKS]

QUESTION 6

[20 marks]

- 6.1. Summarise on the different levels of prevention. [10]
- 6.2. There are five (5) important Visual Communication Elements namely Posture, Hand Gestures, Facial Expressions, Eye Contact and Space, give a short but concise explanation about each of them. [10]

QUESTION 7

[20 marks]

- 7.1. Describe the principles of health education. [10]
- 7.2. Explain the negative and positive implications of religion towards health. [10]

Good Luck!